

Course Rating 70.6

Men's Black (from 18 Mar 2022)

Par 71 Slope 124

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.2	+5	26.0 to 26.8	29
+4.1 to +3.2	+4	26.9 to 27.7	30
+3.1 to +2.3	+3	27.8 to 28.7	31
+2.2 to +1.4	+2	28.8 to 29.6	32
+1.3 to +0.5	+1	29.7 to 30.5	33
+0.4 to 0.4	0	30.6 to 31.4	34
0.5 to 1.3	1	31.5 to 32.3	35
1.4 to 2.2	2	32.4 to 33.2	36
2.3 to 3.1	3	33.3 to 34.1	37
3.2 to 4.1	4	34.2 to 35.0	38
4.2 to 5.0	5	35.1 to 35.9	39
5.1 to 5.9	6	36.0 to 36.9	40
6.0 to 6.8	7	37.0 to 37.8	41
6.9 to 7.7	8	37.9 to 38.7	42
7.8 to 8.6	9	38.8 to 39.6	43
8.7 to 9.5	10	39.7 to 40.5	44
9.6 to 10.4	11	40.6 to 41.4	45
10.5 to 11.3	12	41.5 to 42.3	46
11.4 to 12.3	13	42.4 to 43.2	47
12.4 to 13.2	14	43.3 to 44.1	48
13.3 to 14.1	15	44.2 to 45.1	49
14.2 to 15.0	16	45.2 to 46.0	50
15.1 to 15.9	17	46.1 to 46.9	51
16.0 to 16.8	18	47.0 to 47.8	52
16.9 to 17.7	19	47.9 to 48.7	53
17.8 to 18.6	20	48.8 to 49.6	54
18.7 to 19.5	21	49.7 to 50.5	55
19.6 to 20.5	22	50.6 to 51.4	56
20.6 to 21.4	23	51.5 to 52.3	57
21.5 to 22.3	24	52.4 to 53.3	58
22.4 to 23.2	25	53.4 to 54.0	59
23.3 to 24.1	26		
24.2 to 25.0	27		
25.1 to 25.9	28		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 67.8

Men's Purple (from 18 Mar 2022)

Par 71 Slope 116

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.4	+5	25.9 to 26.7	27
+4.3 to +3.5	+4	26.8 to 27.7	28
+3.4 to +2.5	+3	27.8 to 28.7	29
+2.4 to +1.5	+2	28.8 to 29.7	30
+1.4 to +0.5	+1	29.8 to 30.6	31
+0.4 to 0.4	0	30.7 to 31.6	32
0.5 to 1.4	1	31.7 to 32.6	33
1.5 to 2.4	2	32.7 to 33.6	34
2.5 to 3.4	3	33.7 to 34.5	35
3.5 to 4.3	4	34.6 to 35.5	36
4.4 to 5.3	5	35.6 to 36.5	37
5.4 to 6.3	6	36.6 to 37.5	38
6.4 to 7.3	7	37.6 to 38.4	39
7.4 to 8.2	8	38.5 to 39.4	40
8.3 to 9.2	9	39.5 to 40.4	41
9.3 to 10.2	10	40.5 to 41.4	42
10.3 to 11.2	11	41.5 to 42.3	43
11.3 to 12.1	12	42.4 to 43.3	44
12.2 to 13.1	13	43.4 to 44.3	45
13.2 to 14.1	14	44.4 to 45.2	46
14.2 to 15.0	15	45.3 to 46.2	47
15.1 to 16.0	16	46.3 to 47.2	48
16.1 to 17.0	17	47.3 to 48.2	49
17.1 to 18.0	18	48.3 to 49.1	50
18.1 to 18.9	19	49.2 to 50.1	51
19.0 to 19.9	20	50.2 to 51.1	52
20.0 to 20.9	21	51.2 to 52.1	53
21.0 to 21.9	22	52.2 to 53.0	54
22.0 to 22.8	23	53.1 to 54.0	55
22.9 to 23.8	24		
23.9 to 24.8	25		
24.9 to 25.8	26		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 69.3

Men's Lime. (from 18 Mar 2022)

Par 71 Slope 120

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.3	+5	25.9 to 26.8	28
+4.2 to +3.3	+4	26.9 to 27.7	29
+3.2 to +2.4	+3	27.8 to 28.7	30
+2.3 to +1.5	+2	28.8 to 29.6	31
+1.4 to +0.5	+1	29.7 to 30.6	32
+0.4 to 0.4	0	30.7 to 31.5	33
0.5 to 1.4	1	31.6 to 32.4	34
1.5 to 2.3	2	32.5 to 33.4	35
2.4 to 3.2	3	33.5 to 34.3	36
3.3 to 4.2	4	34.4 to 35.3	37
4.3 to 5.1	5	35.4 to 36.2	38
5.2 to 6.1	6	36.3 to 37.1	39
6.2 to 7.0	7	37.2 to 38.1	40
7.1 to 8.0	8	38.2 to 39.0	41
8.1 to 8.9	9	39.1 to 40.0	42
9.0 to 9.8	10	40.1 to 40.9	43
9.9 to 10.8	11	41.0 to 41.9	44
10.9 to 11.7	12	42.0 to 42.8	45
11.8 to 12.7	13	42.9 to 43.7	46
12.8 to 13.6	14	43.8 to 44.7	47
13.7 to 14.5	15	44.8 to 45.6	48
14.6 to 15.5	16	45.7 to 46.6	49
15.6 to 16.4	17	46.7 to 47.5	50
16.5 to 17.4	18	47.6 to 48.4	51
17.5 to 18.3	19	48.5 to 49.4	52
18.4 to 19.3	20	49.5 to 50.3	53
19.4 to 20.2	21	50.4 to 51.3	54
20.3 to 21.1	22	51.4 to 52.2	55
21.2 to 22.1	23	52.3 to 53.2	56
22.2 to 23.0	24	53.3 to 54.0	57
23.1 to 24.0	25		
24.1 to 24.9	26		
25.0 to 25.8	27		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 63.0

Men's Gold (from 18 Mar 2022)

Par 71 Slope 104

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.9	+5	25.6 to 26.6	24
+4.8 to +3.9	+4	26.7 to 27.7	25
+3.8 to +2.8	+3	27.8 to 28.7	26
+2.7 to +1.7	+2	28.8 to 29.8	27
+1.6 to +0.6	+1	29.9 to 30.9	28
+0.5 to 0.5	0	31.0 to 32.0	29
0.6 to 1.6	1	32.1 to 33.1	30
1.7 to 2.7	2	33.2 to 34.2	31
2.8 to 3.8	3	34.3 to 35.3	32
3.9 to 4.8	4	35.4 to 36.3	33
4.9 to 5.9	5	36.4 to 37.4	34
6.0 to 7.0	6	37.5 to 38.5	35
7.1 to 8.1	7	38.6 to 39.6	36
8.2 to 9.2	8	39.7 to 40.7	37
9.3 to 10.3	9	40.8 to 41.8	38
10.4 to 11.4	10	41.9 to 42.9	39
11.5 to 12.4	11	43.0 to 44.0	40
12.5 to 13.5	12	44.1 to 45.0	41
13.6 to 14.6	13	45.1 to 46.1	42
14.7 to 15.7	14	46.2 to 47.2	43
15.8 to 16.8	15	47.3 to 48.3	44
16.9 to 17.9	16	48.4 to 49.4	45
18.0 to 19.0	17	49.5 to 50.5	46
19.1 to 20.1	18	50.6 to 51.6	47
20.2 to 21.1	19	51.7 to 52.6	48
21.2 to 22.2	20	52.7 to 53.7	49
22.3 to 23.3	21	53.8 to 54.0	50
23.4 to 24.4	22		
24.5 to 25.5	23		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.



Course Rating 73.5

Women's Purple (from 18 Mar 2022)

Par 74 Slope 127

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.9	+6	23.6 to 24.4	27
+4.8 to +4.1	+5	24.5 to 25.3	28
+4.0 to +3.2	+4	25.4 to 26.2	29
+3.1 to +2.3	+3	26.3 to 27.1	30
+2.2 to +1.4	+2	27.2 to 28.0	31
+1.3 to +0.5	+1	28.1 to 28.9	32
+0.4 to 0.4	0	29.0 to 29.8	33
0.5 to 1.3	1	29.9 to 30.6	34
1.4 to 2.2	2	30.7 to 31.5	35
2.3 to 3.1	3	31.6 to 32.4	36
3.2 to 4.0	4	32.5 to 33.3	37
4.1 to 4.8	5	33.4 to 34.2	38
4.9 to 5.7	6	34.3 to 35.1	39
5.8 to 6.6	7	35.2 to 36.0	40
6.7 to 7.5	8	36.1 to 36.9	41
7.6 to 8.4	9	37.0 to 37.8	42
8.5 to 9.3	10	37.9 to 38.7	43
9.4 to 10.2	11	38.8 to 39.5	44
10.3 to 11.1	12	39.6 to 40.4	45
11.2 to 12.0	13	40.5 to 41.3	46
12.1 to 12.9	14	41.4 to 42.2	47
13.0 to 13.7	15	42.3 to 43.1	48
13.8 to 14.6	16	43.2 to 44.0	49
14.7 to 15.5	17	44.1 to 44.9	50
15.6 to 16.4	18	45.0 to 45.8	51
16.5 to 17.3	19	45.9 to 46.7	52
17.4 to 18.2	20	46.8 to 47.6	53
18.3 to 19.1	21	47.7 to 48.4	54
19.2 to 20.0	22	48.5 to 49.3	55
20.1 to 20.9	23	49.4 to 50.2	56
21.0 to 21.7	24	50.3 to 51.1	57
21.8 to 22.6	25	51.2 to 52.0	58
22.7 to 23.5	26	52.1 to 52.9	59

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index	Course Handicap	Handicap Index	Course Handicap
53.0 to 53.8	60		
53.9 to 54.0	61		

Course Rating 75.3

Women's Lime (from 18 Mar 2022)

Par 74 Slope 129

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.9	+6	23.3 to 24.0	27
+4.8 to +4.0	+5	24.1 to 24.9	28
+3.9 to +3.1	+4	25.0 to 25.8	29
+3.0 to +2.2	+3	25.9 to 26.7	30
+2.1 to +1.4	+2	26.8 to 27.5	31
+1.3 to +0.5	+1	27.6 to 28.4	32
+0.4 to 0.4	0	28.5 to 29.3	33
0.5 to 1.3	1	29.4 to 30.2	34
1.4 to 2.1	2	30.3 to 31.0	35
2.2 to 3.0	3	31.1 to 31.9	36
3.1 to 3.9	4	32.0 to 32.8	37
4.0 to 4.8	5	32.9 to 33.7	38
4.9 to 5.6	6	33.8 to 34.6	39
5.7 to 6.5	7	34.7 to 35.4	40
6.6 to 7.4	8	35.5 to 36.3	41
7.5 to 8.3	9	36.4 to 37.2	42
8.4 to 9.1	10	37.3 to 38.1	43
9.2 to 10.0	11	38.2 to 38.9	44
10.1 to 10.9	12	39.0 to 39.8	45
11.0 to 11.8	13	39.9 to 40.7	46
11.9 to 12.7	14	40.8 to 41.6	47
12.8 to 13.5	15	41.7 to 42.4	48
13.6 to 14.4	16	42.5 to 43.3	49
14.5 to 15.3	17	43.4 to 44.2	50
15.4 to 16.2	18	44.3 to 45.1	51
16.3 to 17.0	19	45.2 to 45.9	52
17.1 to 17.9	20	46.0 to 46.8	53
18.0 to 18.8	21	46.9 to 47.7	54
18.9 to 19.7	22	47.8 to 48.6	55
19.8 to 20.5	23	48.7 to 49.4	56
20.6 to 21.4	24	49.5 to 50.3	57
21.5 to 22.3	25	50.4 to 51.2	58
22.4 to 23.2	26	51.3 to 52.1	59

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Handicap Index	Course Handicap	Handicap Index	Course Handicap
52.2 to 52.9	60		
53.0 to 53.8	61		
53.9 to 54.0	62		

Course Rating 67.5

Women's Gold (from 18 Mar 2022)

Par 74 Slope 111

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.6	+5	26.0 to 26.9	26
+4.5 to +3.6	+4	27.0 to 27.9	27
+3.5 to +2.6	+3	28.0 to 29.0	28
+2.5 to +1.6	+2	29.1 to 30.0	29
+1.5 to +0.6	+1	30.1 to 31.0	30
+0.5 to 0.5	0	31.1 to 32.0	31
0.6 to 1.5	1	32.1 to 33.0	32
1.6 to 2.5	2	33.1 to 34.1	33
2.6 to 3.5	3	34.2 to 35.1	34
3.6 to 4.5	4	35.2 to 36.1	35
4.6 to 5.5	5	36.2 to 37.1	36
5.6 to 6.6	6	37.2 to 38.1	37
6.7 to 7.6	7	38.2 to 39.1	38
7.7 to 8.6	8	39.2 to 40.2	39
8.7 to 9.6	9	40.3 to 41.2	40
9.7 to 10.6	10	41.3 to 42.2	41
10.7 to 11.7	11	42.3 to 43.2	42
11.8 to 12.7	12	43.3 to 44.2	43
12.8 to 13.7	13	44.3 to 45.3	44
13.8 to 14.7	14	45.4 to 46.3	45
14.8 to 15.7	15	46.4 to 47.3	46
15.8 to 16.7	16	47.4 to 48.3	47
16.8 to 17.8	17	48.4 to 49.3	48
17.9 to 18.8	18	49.4 to 50.3	49
18.9 to 19.8	19	50.4 to 51.4	50
19.9 to 20.8	20	51.5 to 52.4	51
20.9 to 21.8	21	52.5 to 53.4	52
21.9 to 22.9	22	53.5 to 54.0	53
23.0 to 23.9	23		
24.0 to 24.9	24		
25.0 to 25.9	25		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.